How to use this timetable

- ➤ Use the map to find the stops closest to where you will get on and off the bus.
- ➤ Select the schedule (Weekday, Saturday, Sunday) for when you will travel. Along the top of the schedule, find the stop at or nearest the point where you will get on the bus. Follow that column down to the time you want to leave.
- ➤ Use the same method to find the times the bus is scheduled to arrive at the stop where you will get off the bus.
- ➤ If the bus stop is not listed, use the time shown for the bus stop before it as the time to wait at the stop.
- ➤ The end-of-the-line or last stop is listed in ALL CAPS on the schedule.

METROBUS - MD

J7,9

I-270 Express

Serves these locations

Lakeforest Transit Center
Rt. 124 Park & Ride Lot (J9)
Medical Center station (J9)
Battery Lane (J9)
Bethesda station

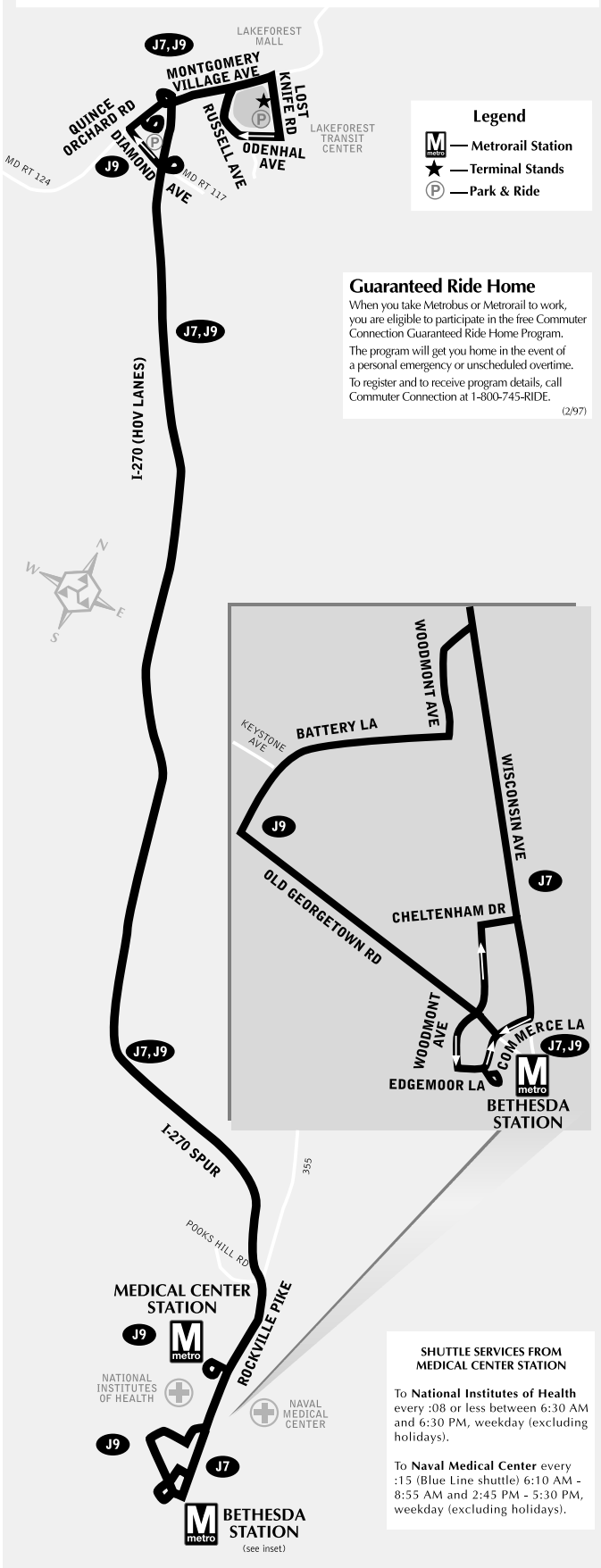
Schedule 9-26-04

Washington Metropolitan Area Transit Authority

A District of Columbia, Maryland and Virginia Transit Partnership

I-270 Express Line
Routes J7,9

For route and schedule information
Call 202-637-7000
www.metroopensdoors.com



WMATA ©2003 For information regarding this map contact <R•A•D•S>.

J8,9

I-270 Express

Monday thru Friday
(except holidays)
Southbound

Route Number	Lakeforest Transit Center	Rt. 124 Park & Ride	Medical Center Ⓜ metro	Battery La. & Keystone Ave.	BETHESDA Ⓜ metro
AM Service					
♿ **J9**	5:50	5:56	6:16	6:23	6:25
♿ **J9**	6:10	6:16	6:36	6:43	6:45
♿ **J9**	6:25	6:31	6:51	6:58	7:00
♿ **J9**	6:40	6:46	7:06	7:13	7:15
♿ **J9**	6:55	7:01	7:21	7:28	7:30
♿ **J9**	7:10	7:16	7:37	7:44	7:47
♿ **J9**	7:25	7:31	7:52	7:59	8:02
♿ **J9**	7:40	7:46	8:07	8:14	8:17
♿ **J9**	7:55	8:01	8:22	8:29	8:32
♿ **J9**	8:10	8:16	8:37	8:44	8:47
♿ **J9**	8:25	8:31	8:52	8:59	9:02
PM Service					
♿ **J7**	3:46	-	-	-	4:09
♿ **J7**	4:06	-	-	-	4:29
♿ **J7**	4:26	-	-	-	4:49
♿ **J7**	4:46	-	-	-	5:09
♿ **J7**	5:01	-	-	-	5:24
♿ **J7**	5:16	-	-	-	5:39
♿ **J7**	5:36	-	-	-	5:59

♿ — *Trip operates with wheelchair-accessible or lift-equipped bus.*

Monday thru Friday
(except holidays)
Northbound

Route Number	Bethesda Ⓜ metro	Battery La. & Keystone Ave.	Medical Center Ⓜ metro	Rt. 124 Park & Ride	LAKE-FOREST Transit Center
AM Service					
♿ **J7**	6:30	-	-	-	6:56
♿ **J7**	6:50	-	-	-	7:16
♿ **J7**	7:05	-	-	-	7:31
♿ **J7**	7:20	-	-	-	7:46
♿ **J7**	7:35	-	-	-	8:01
♿ **J7**	7:50	-	-	-	8:16
PM Service					
♿ **J9**	3:00	3:04	3:11	3:33	3:40
♿ **J9**	3:20	3:24	3:31	3:53	4:00
♿ **J9**	3:40	3:44	3:51	4:13	4:20
♿ **J9**	4:00	4:04	4:11	4:33	4:40
♿ **J9**	4:15	4:19	4:26	4:48	4:55
♿ **J9**	4:30	4:34	4:41	5:05	5:13
♿ **J9**	4:45	4:49	4:56	5:20	5:28
♿ **J9**	5:00	5:04	5:11	5:35	5:43
♿ **J9**	5:15	5:19	5:26	5:50	5:58
♿ **J9**	5:30	5:34	5:41	6:05	6:13
♿ **J9**	5:45	5:49	5:56	6:20	6:28
♿ **J9**	6:15	6:19	6:26	6:50	6:58

♿ — *Trip operates with wheelchair-accessible or lift-equipped bus.*

BOARDING AND ALIGHTING RESTRICTIONS

Weekday mornings

J7 northbound –Local. Board and alight at all stops.
J9 southbound – Board only at the Lakeforest Transit Center, at any stop on Montgomery Village Avenue, or at the Route 124 Park & Ride Lot. Board and alight at any stop between Medical Center Station and Bethesda Station.

Weekday afternoons

J7 southbound –Local. Board and alight at all stops.
J9 northbound – Board and alight at any stop between Bethesda Station and Medical Center Station. Alight only at the Route 124 Park & Ride Lot, at any stop on Montgomery Village Avenue, or at the Lakeforest Transit Center.